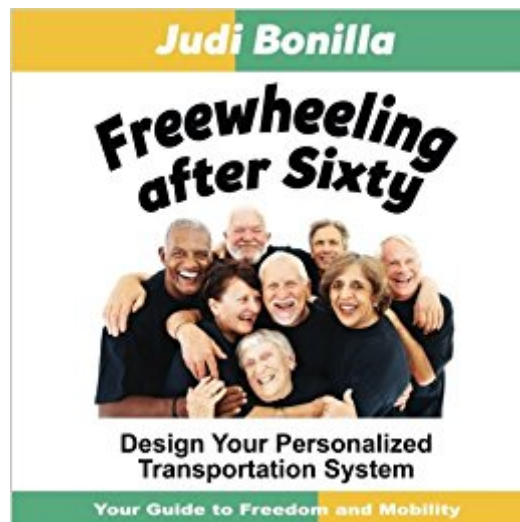




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# Freewheeling After Sixty: Design Your Personalized Transportation System



## Synopsis

Weâ™ve all heard about âœThe Keys Talk.â • An important conversation to have; however gerontologist and aging expert Judi Bonilla asks us to have another conversation. What if we ask driver to examine âœWhat does driving mean to you?â • In Freewheeling after Sixty, Bonilla asks us to reframe our thoughts about driving and embrace the concept of a network. Drive as long as you can do so safely and also identify and experience transportation alternatives such as travel training and ride sharing. This is a book for everyone age sixty and over who has cancelled plans or declined an invitation because they didnâ™t want to drive during rush hour, at night or were concerned about finding a parking space.

## Book Information

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## Customer Reviews

For almost a decade Judi Bonilla has been researching and developing programs to improve the safety of experienced drivers. In addition, she has developed travel training programs focused on empowering drivers with choice. As a social entrepreneur her practice focuses on the innovation and the concept of âœWhat ifâ • to identify powerful solutions. Freewheeling after Sixty is a catalyst for changing how we think about driving. What if we changed the keys conversation from independence to interdependence? What if we asked experience what they really wanted? Those questions led to the invention of the Personalized Transportation System (PTS) and Freewheeling after Sixty. She is now on a mission to educate 40,000 experienced drivers by 2020 on their transportation options.

Well-meaning but a disappointment; I admit that's at least partially because I'd already heard of almost all the groups the author recommends contacting for help. A quote from the book: "Your community may have all the resources I have described above and more, OR YOU MAY FIND THE PROGRAM IS VERY LIMITED.[All caps mine.] No kidding; we don't even have Uber or Lyft around here. The only 2 groups she recommends that are in my area are operating with such low resources (i.e., money) that they're no help in most cases (one place is totally staffed by volunteers so it usually takes at least 3 days for a phone call to even be returned). So, unfortunately, as is the case for most of these "help" books, it only helps if you're in or near enough to an urban area. What would really help seniors (and anyone else with driving issues) is something that would really address the issue for those of us too far away from the urban areas that have the resources we need. But that would be a massive undertaking since the U.S is so big that everyone's spread out all over the place; and if you think the solution is simply "move closer to an urban area then": hard and in most cases impossible if you're elderly and/or can't afford to.

I highly recommend this book. Author very experienced in senior issues. I bought the book from the author and gave it to various senior friends.

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